



Catholic Central Athletics

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SPORTS PHYSICAL POLICY

The MHSAA requires that a sports physical be completed on or after April 15th of the previous school year to be acceptable for sports participation in the following school year. **For the 2022/2023 school year a sports physical must be completed on or after April 15, 2022.** The MHSAA does not take into consideration personal insurance calendar years.

- MHSAA Physical forms are available online at www.CatholicCentralSports.com under the **FORMS** tab, and also available in the CC Athletic Office, which is located in the CC Gym Lobby.
- **Sports Physicals should be turned in directly to the CC Athletic Office.**
 - **Submit sports physicals to Lori Bailey, CC Athletics** by email, mail or in person. *If planning to drop off a physical, contact the athletic office for summer hours of availability.*
 - **Email:** loribailey@grcatholiccentral.org
- Students should **NOT** turn their sports physical into a coach. Coaches are not authorized to collect physicals and/or clear students for participation.
- A student must have a **completed/cleared** sports physical **on file in the CC Athletic Office** before they can be cleared to participate in sports tryouts/practices.
 - **Only the Athletic Office can clear a student for sports participation.**
- Prior to submitting a physical, confirm all information is complete and **all signatures are present**. Per MHSAA requirements, missing signatures/information constitutes an **“Incomplete”** physical and a student will not be cleared for participation until issues are addressed.
- Coaches are provided in real time with the names of students who have either a **“Cleared”** or **“Incomplete”** physical on file in the CC Athletic Office.
- Coaches use these lists to confirm which students are **“Cleared”** to participate, which students have to address an issue with their **“Incomplete”** physical, and/or who is not listed and still needs to turn in a sports physical.