



Catholic Central Athletics

319 Sheldon Blvd. SE
Grand Rapids, MI 49503
Ph: 616-233-5813

CC SPORTS PHYSICAL POLICY

The MHSAA requires that a sports physical be completed on or after April 15th of the previous school year to be acceptable for sports participation in the following school year.

- For 2023/2024 a sports physical **must be completed on or after April 15, 2023.**
 - The MHSAA does not take into consideration personal insurance calendar years.
- MHSAA Physical forms are available online at www.CatholicCentralSports.com and through the CC Athletic Office.
- **Sports Physicals must be turned in directly to the CC Athletic Office.**
 - **Submit sports physicals to Lori Bailey, CC Athletics** by email at loribailey@grcatholiccentral.org, mail or in person.
- Students should **NOT** turn their sports physical into a coach. Coaches are not authorized to collect physicals and/or clear students for participation.
- A student must have a complete & cleared sports physical on file in the CC Athletic Office before they will be cleared to participate in sports tryouts and/or practices.
 - **Only the Athletic Office can clear a student for sports participation.**
- Prior to submitting a sports physical, confirm all information is complete and **all signatures are present.**
 - Per MHSAA requirements, missing signatures and/or information constitutes an **“Incomplete”** physical and a student will not be cleared for participation until issues are addressed.
- Coaches are continually provided with the names of students who have turned in a sports physical and have been cleared to participate. They also receive the names of those who have turned in an incomplete physical are not yet cleared.