**Student Resources**

**The National Suicide Prevention Lifeline**

Call or text 988

Website: [Lifeline (988lifeline.org)](https://988lifeline.org/)

**[Crisis Text Line](https://www.crisistextline.org/" \t "_blank" \o "The Crisis Text Line)**

Text HOME to 741741

to reach a volunteer Crisis counselor

Website:

[Reach a Crisis Counselor | Crisis Text Line](https://www.crisistextline.org/text-us/)