**Student Resources**

**The National Suicide Prevention Lifeline**

Call or text 988

Website: [Lifeline (988lifeline.org)](https://988lifeline.org/)

**[Crisis Text Line](https://www.crisistextline.org/%22%20%5Ct%20%22_blank%22%20%5Co%20%22The%20Crisis%20Text%20Line)**

Text HOME to 741741

to reach a volunteer Crisis counselor

Website:

 [Reach a Crisis Counselor | Crisis Text Line](https://www.crisistextline.org/text-us/)