

Melanie Cosens - East:



On behalf of South Lyon East High School we are pleased to announce our 2019-2020 Lakes Valley Conference Female Sportsperson of the Year, Melanie Cosens. We would like to officially congratulate Melanie and her parents, Walt & Mariesa on being a part of this prestigious honor.

Melanie participated in several extracurricular activities at East such as NHS, PEER mentoring, LEAD mentoring, and Student Council.

On the softball field and in the pool, she earned several recognitions including All-Conference and All-State in Swim. She was also a captain of the swim team her Junior and Senior Year.

Melanie earned Academic All-State and All-Conference honors as well for her hard-work in the classroom. Melanie was also named East's Female Athlete of the Year - the Athletic Department's highest honor.

Coach Michelle Stanbury mentioned that "Melanie has a kind heart, a deep love for animals, a healthy respect for the people around and one of the best laughs you can imagine. She is for sure one person I will continue to follow and coach, in softball and life, for the rest of my days."

Next fall, Melanie will play college softball at Albion College and study Forensic Science. Once again, South Lyon East High School is proud to have Melanie represent our student body as the LVC Sportsperson of the Year...we wish only amazing things for Melanie as she takes-on this new chapter of life - Always Be East!

Max Topping - East:



On behalf of South Lyon East High School we are pleased to announce our 2019-2020 Lakes Valley Conference Male Sportsperson of the Year, Max Topping. We would like to officially congratulate Max and his mother, Jennifer, on being a part of this prestigious honor.

Max was a member of NHS and Student Council at East. He was a leading member in creating the first-ever charity week at East, along with leading his peers in organizing a Relay for Life team.

In the pool Max earned All-Conference 12 times participating in different events. He earned All-County 4 times along with earning All-State recognition this past season. He was the

captain of the swim team and was an integral part in leading his team to a Lakes Valley Conference title 3 years in a row. One of his most notable achievements was earning the Teammate of the Year award while being a part of the 2019 Lakes Valley Conference Championship Lacrosse team.

Max earned special scholastic recognition for his commitment to his academics over the years. He earned recognition as a LVC Scholar and All-State Academic Athlete, along with being selected as an All-American Scholar for his achievements in the classroom. Max was also named East's Male Athlete of the Year - the Athletic Department's highest honor.

Coach John Burch mentioned that "Max is a dedicated athlete who sought to improve every year. He was a four year state qualifier and outstanding team leader. He earned All-State honors this year. He supported all his teammates and sought to make them better, He is an outstanding young man who was not just a team leader, but a school leader. All combined with great academics, earning both All-State and All-American academic honors."

Next fall, Max will attend the University of Michigan and study Engineering. Once again, South Lyon East High School is proud to have Max represent our student body as the LVC Sportsman of the Year...we wish only amazing things for Max as he takes-on this new chapter of life - Always Be East!