



Dear South Lyon East High School Parents and Guardians,

Welcome to another exciting season of East Athletics! My name is **Ken Smoot**, Certified Athletic Trainer from ATI Physical Therapy. I wanted to take this opportunity to introduce myself and go over the athletic training and physical therapy services available to your student-athlete here at South Lyon East High School.

### ATI Physical Therapy

All athletic training and physical therapy services at South Lyon East High School are provided by ATI Physical Therapy. ATI is a nationally-recognized rehabilitation provider, specializing in research-based therapy, sports medicine, home health, and a variety of specialty therapies. Sports medicine services provided include injury education and prevention programs, conditioning program development, emergency medical care, rehabilitation, therapeutic massage, weight certification, and nutrition programs.

ATI offers free injury screenings, completed by our physical therapists, at all of our locations. Please contact me if you are interested in scheduling a complimentary injury screen, so I may assist you with this process. Additionally, be aware that the complimentary injury screenings may also be utilized by non-student-athletes, such as yourself.

For more information on ATI Physical Therapy, please visit [www.atipt.com](http://www.atipt.com).

### Providence Family and Athletic Medicine

I'm very fortunate to have **Dr. Michael Montico** as an amazing resource to see your student athletes as the team physician South Lyon East. He specializes in Sports Medicine and I'm able to get your student athletes in usually under 48 hours of injury. **Locations:** Providence Family and Athletic Medicine, 1050 Corporate Office Dr., Suite 100-Milford, MI 48381  
**Phone: 248-684-6155** a second location for convenience is 26750 Providence Parkway, Suite 210 Novi MI 48374  
**Phone: 248-465-4782** I'm happy to help facilitate care between you and the clinics.

### Sports Medicine Services On Campus

During the school year, I am available to see student-athletes immediately after school in the athletic training room. The East Athletic Training Room is located downstairs next to the gym. Please encourage your student-athlete to come to the athletic training room before practice or competition if they need my assistance. Additionally, please ask your student-athlete to arrive as soon as possible to the training room after school, to ensure that he or she isn't late to his or her practice or competition.

### Reporting An Injury

In order to expedite the recovery period, it is extremely important that all injuries are reported to me as soon as possible. Your student-athlete should report to the athletic training room as soon as possible after the injury occurs, so we can efficiently evaluate and treat the injury. If your student-athlete is injured at an away game, please do not hesitate to contact me by cell phone or email.

### Returning An Athlete To Play

It is school policy that any time a student-athlete seeks care from a physician for an athletic injury, he or she may not return to play until I have received a written and signed note from the physician clearing the student-athlete for participation. There are no exceptions to this policy. Parent notes are not acceptable.

### Concussion Policy

Michigan High School Athletic Association (MHSAA) concussion protocol states, "any player who exhibits signs, symptoms, or behaviors associated with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the contest and shall not return to play until cleared by an appropriate healthcare professional." I will



determine if a student-athlete is able to continue participating if the student-athlete may have potentially sustained a head injury during a practice, game, or other school event.

If I determine that a student-athlete should not continue participating, the student-athlete must be cleared to begin return to play protocol by an MD, DO, PA (Physician's Assistant), or NP (Nurse Practitioner). Once I receive clearance from one of the aforementioned healthcare professionals, and the student-athlete has not experienced any symptoms for the designated period of time, we will begin the return to play protocol under my supervision. Finally, the "MHSAA Return to Activity and Post-Concussion Consent Form" must be completed by an MD, DO, PA, or NP and the student-athlete and his or her parent or guardian.

I strongly encourage all parents and guardians to visit the MHSAA website ([www.mhsaa.com](http://www.mhsaa.com)) for detailed information regarding concussions and return to play protocols.

#### Contact Information

Please do not hesitate to contact me if you have any questions or concerns. My cell phone is the best way to get in touch with me. If you cannot reach me on my cell phone, please leave a voicemail and I will get back to you as soon as possible.

Cell Phone: (734) 657-3826

Email: [kenneth.smoot@atipt.com](mailto:kenneth.smoot@atipt.com)

#### ATI Physical Therapy Locations

##### ATI South Lyon Clinic

25700 Pontiac Trail

Phone: (248) 446-2810 Fax: (248) 446-2802

##### ATI South Lyon South Clinic

22450 Pontiac Trail

Phone: (248)486-1110 Fax: (248) 486-3318

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I look forward to this upcoming season and working with you and your student-athlete! **Be EAST!**

Sincerely,

**Kenneth Smoot, AT, ATC**

Certified Athletic Trainer

ATI Physical Therapy