



Winter Sports Start-Up Information

Boys Basketball

Coach: Ron Levin

Email:

eastcoachlevin@gmail.com

Start Date: 11/18

Location: East Gym

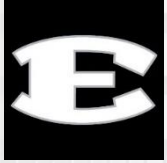
Tryouts: 11/18 & 11/19

Time: See website for more info.

Website:

<https://www.southlyoneastboysbasketball.com>





Winter Sports Start-Up Information

Girls Basketball

Coach: Rob Leadley

Email: [r Idly@hotmail.com](mailto:rlidly@hotmail.com)

Start Date: 11/11/19

Location: East Gym

Tryouts: 11/11, 11/12 & 11/13

Time: See website

Website:

<https://southlyoneasthighschool.bigteams.com>





Winter Sports Start-Up Information

B/Gs Bowling

Coach: Gerald Raymor

Email:

geraldraymorii@gmail.com

Start Date: 11/18/19

Location: Pinz Bowling Center

Tryouts: 11/18 & 11/19

Time:

11/18, 4:00 - 6:00 pm

11/19, 3:30 - 5:30 pm





Winter Sports Start-Up Information

Competitive Cheer

Coach: Julia Tilt

Parent Meeting: 11/6 6:30-8:00pm in the Athletic Classroom

Tryouts: 11/13, 11/14 & 11/15

Email: julznpt@aol.com

Location: East Multi-Purpose Room

Time: 2:30 - 5:30 pm

Website:

<https://southlyoneasthighschool.bigteams.com>





Winter Sports Start-Up Information

Hockey

Coach: Bill McCreary

Email:
bmccreary@unionhomemortgage.com

Location: KVIH

Tryouts: 11/4, 11/5 & 11/6

Time: 4:00 pm, 4:00 pm & 4:15 pm

Website:
<https://www.southlyonhockey.com>





Winter Sports Start-Up Information

BGs Skiing

Coach: Looking to hire a new coach

Email:

Start Date: TBD

Location: TBD

Tryouts: TBD





Winter Sports Start-Up Information

Varsity Pom

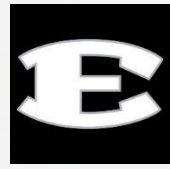
Coach: Renee Falahee and Rachel Solomon

Email:
sleastvarsitypomcoaches@gmail.com

The Varsity Pom team has already been selected. Please contact the coach for additional information or questions.

Facebook:
<https://www.facebook.com/Southlyoneastvarsitypomteam/>





Winter Sports Start-Up Information

Wrestling

Coach: Matt Cepak

Email:

sleastwrestlingcoach@gmail.com

Start Date: 11/18/19

Time: 3:30 – 5:00 pm

Location: East Wrestling Room

SOUTH LYON EAST COUGAR WRESTLING





Winter Sports Star-Up Information

Varsity Cougarettes

Coach: Meredith McNamara

Email:

eastcougarettes@gmail.com

Website:

<https://southlyoneasthighschool.bigteams.com>

The Varsity Cougarettes team has already been selected. Please contact the coach for additional information or questions.





Winter Sports Start-Up Information

B. Swim and Dive

Coach: John Burch

Email: burchj@slcs.us

Start Date: 11/30/19

Location: East Pool

Time: 3:00 – 5:15 pm

No cuts, all are welcome





WINTER SPORTS - START-UP INFORMATION

Athletic Department

Athletic Director:

Greg Michaels

michaelsg@slcs.us

Athletic Bookkeeper:

Rita Welton

weltonr@slcs.us

Sports Physical

All athletes must have a physical on the first day of tryouts or practice. The physical must be dated no earlier than April 15, 2019.

If you have any questions in regards to off-season conditioning or winter start-up dates, please contact the coach via email.

BE EAST!